

LUTTERWORTH AND DISTRICT SWIMMING CLUB

All entries for the Nuneaton & Bedworth Open Meet have been accepted.

Please check entry times and details and let me know if there are any errors by Friday 5th March 2010. Please note updated times will not be accepted only errors will be amended.

Events will start no earlier than the time given below:

Saturday, 27 March

Session 1 (warm-up 9.00 am to 10.00 am)

- 1 - B 200m Freestyle - 10.00 am
- 2 - G 100m Back - 10.35 am
- 3 - B 100m Breast - 10.45 am
- 4 - G 200m Butterfly - 10.55 am
- 5 - B 200m IM - 11.05 am

Session 2 (warm-up no earlier than 1.30 pm to 2.30 pm), start times assuming a 2.30 pm start

- 6 - G 100m Free - 2.30 pm
- 7 - B 100m Butterfly - 2.50 pm
- 8 - G 200m Breast - 2.55 pm
- 9 - B 200m Back - 3.30 pm

Sunday, 28 March

Session 3 (warm-up 9.00 am to 10.00 am)

- 10 - G 200m Back - 10.00 am
- 11 - B 100m Free - 10.30 am
- 12 - G 100m Butterfly - 10.45 am
- 13 - B 200m Breast - 10.55 am
- 14 - G 200m IM - 11.15 am

Session 4 (warm-up no earlier than 1.30 pm to 2.30 pm), start times assuming a 2.30 pm start

- 15 - B 200m Butterfly - 2.30 pm
- 16 - G 200m Free - 2.40 pm
- 17 - B 100m Back - 3.20 pm
- 18 - G 100m Breast - 3.35 pm

Claire Clarke - 07753253034