



Braunstone Swimming Club 40th Anniversary Sprint Open Meet 2009

Information pack and entry form





of Braunstone Swimming Club
1969-2009

Braunstone Swimming Club 40th Anniversary Sprint Open Meet

Braunstone Leisure Centre
2 Hamelin Road
Braunstone
Leicester
LE3 1JN

Sunday 5TH July 2009

Morning Session - Warm up 9.00am

Start 10.00am

Afternoon Session – Warm up 2.00pm

Start 3.00 pm

All times subject to change. Any changes will be notified with entry confirmation

MEET INFORMATION

- 1. LOCATION:** The meet will take place at Braunstone Leisure Centre, Leicester. This is an 8 lane, 25 metre pool with electronic timing. The depth of the water is approximately 2 metres throughout. There is a large free car park at the leisure centre.
- 2. REFRESHMENTS** There is a cafeteria at the leisure centre serving hot and cold food and a bar area for drinks.
- 3. SWIM SHOP** A swim shop will be open during the course of the meet with a large range of stock.
- 4. SPECTATORS** There is a spectator area at the pool holding 200 spectators. Result sheets will be displayed after each event and will be available on the website to download. A charge of £2.50 per session will be made for spectators. The programme will be available a week before the event to download from the website.
- 5. COACHES** Coaches passes are available at a cost of £10.00 per pass, and will include refreshments between sessions. (£5.00 without refreshments)
Passes cannot be bought on the day of the meet.
- 6. AWARDS** Awards will be made to the fastest 3 swimmers in each age group for all events.
- 7. OFFICIALS** Officials from other clubs are welcome and should contact the Meet Co-ordinator if they are able to help (Trevor Hincks, 15 Turnbull Drive, Leicester, LE3 2JT. hincks59@tiscali.co.uk)

The meet will be run using Corgi software developed by Roy Smiles Ltd



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PROMOTER'S CONDITIONS

1. The promoter of the Braunstone Swimming Club 40th Anniversary Sprint Open meet is Braunstone Swimming Club.
2. The competition is held under ASA laws and technical rules of swimming.
3. There are **no qualifying times for this meet.**
4. All events will be heat declared winner.
5. Swimmers diving into the pool must have reached the standard of the ASA Preliminary Competitive start award. Those who have not achieved this standard must start in the water.
6. Coaches must oversee their own swimmers in the warm up.
7. Age groups for 50 metres events will be 9, 10, 11, 12, 13, 14 and 15 & over.
Age groups for 100 metres Individual Medley will be 9, 10, 11, 12, 13, 14 and 15 & over.
Age groups for 100 metres Freestyle will be 10, 11, 12, 13, 14 and 15 & over.
Age as at 5th July 2009 for all events
8. Awards will be given to the fastest 3 swimmers in each age group for all events.
9. **The entry fee is £3.50 per event.** This fee is to accompany the entry form and will be non returnable once the entry is accepted. Cheques should be made payable to Braunstone Swimming Club.
10. The closing date for entries is midnight on **Friday 5th June 2009.** Entries will not be accepted after this time.
11. The promoters reserve the right to restrict the number of entries per event on a first come first served basis.
12. Competitors not reporting in time for an event may be excluded from that event.
13. Please notify the organiser of any withdrawals so that the start list can be amended.
14. Over the top starts may be used
15. No pool side entries will be accepted.
16. Any item not covered in these conditions will be at the discretion of the promoter.

IMPORTANT

This meet will be run as a cardless meet. It is the responsibility of the coaches/swimmers to ensure that swimmers report on time for their event. All swimmers will receive confirmation of the accepted entries and any changes to the meet information by email (where an email address is supplied) or by post.



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Programme of Events

<u>Time</u>	<u>Event</u>		<u>Distance</u>	<u>Stroke</u>	<u>Ages</u>
9 - 10.00	Warm up				
10.00am	1	Girls	100m	Individual Medley	9 & over
	2	Boys	50m	Backstroke	9 & over
	3	Girls	50m	Breaststroke	9 & over
	4	Boys	50m	Butterfly	9 & over
	5	Girls	50m	Freestyle	9 & over
	6	Boys	100m	Freestyle	10 & over
1.00 – 2.00	Lunch		(anticipated)		
2.00 – 3.00	Warm up				
3.00	7	Boys	100m	Individual Medley	9 & over
	8	Girls	50m	Backstroke	9 & over
	9	Boys	50m	Breaststroke	9 & over
	10	Girls	50m	Butterfly	9 & over
	11	Boys	50m	Freestyle	9 & over
	12	Girls	100m	Freestyle	10 & over
6.00pm	(anticipated)				

Please note that events 6 and 12 – 100m Freestyle – are for 10 years of age and over



Braunstone Swimming Club
Sprint Open Meet

Sunday 5th July 2009
Entry Form

FORENAME (S)..... SURNAME.....
 ADDRESS..... DATE OF BIRTH.....
 AGE AS AT 05/07/2009
 SEX- Male/ Female.....
 TELEPHONE..... CLUB.....
 EMAIL ADDRESS
 (This is important as it will be used to confirm entries and to email results)

ASA REGISTRATION NUMBER

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Event	Event Number		Submitted Time
	Girls	Boys	
100m Individual Medley	1	7	
50m Backstroke	8	2	
50m Breaststroke	3	9	
50m Butterfly	10	4	
50m Freestyle	5	11	
100m Freestyle	12	6	

Entry fee £3.50 per event

Number of events entered No. of coaches passes @ £10.00..... No. @ £5

Total Cost

Signature of swimmer

Signature of club official

Cheques should be made payable to Braunstone Swimming Club. Entry fee must accompany entry form.

This form should be returned to: Open Meet, 15 Turnbull Drive, Leicester, LE3 2JT.

Closing date for entries is midnight on Friday 5th June 2009.

Please enclose a S.A.E for entry information only if your email address is not supplied

For office use only
